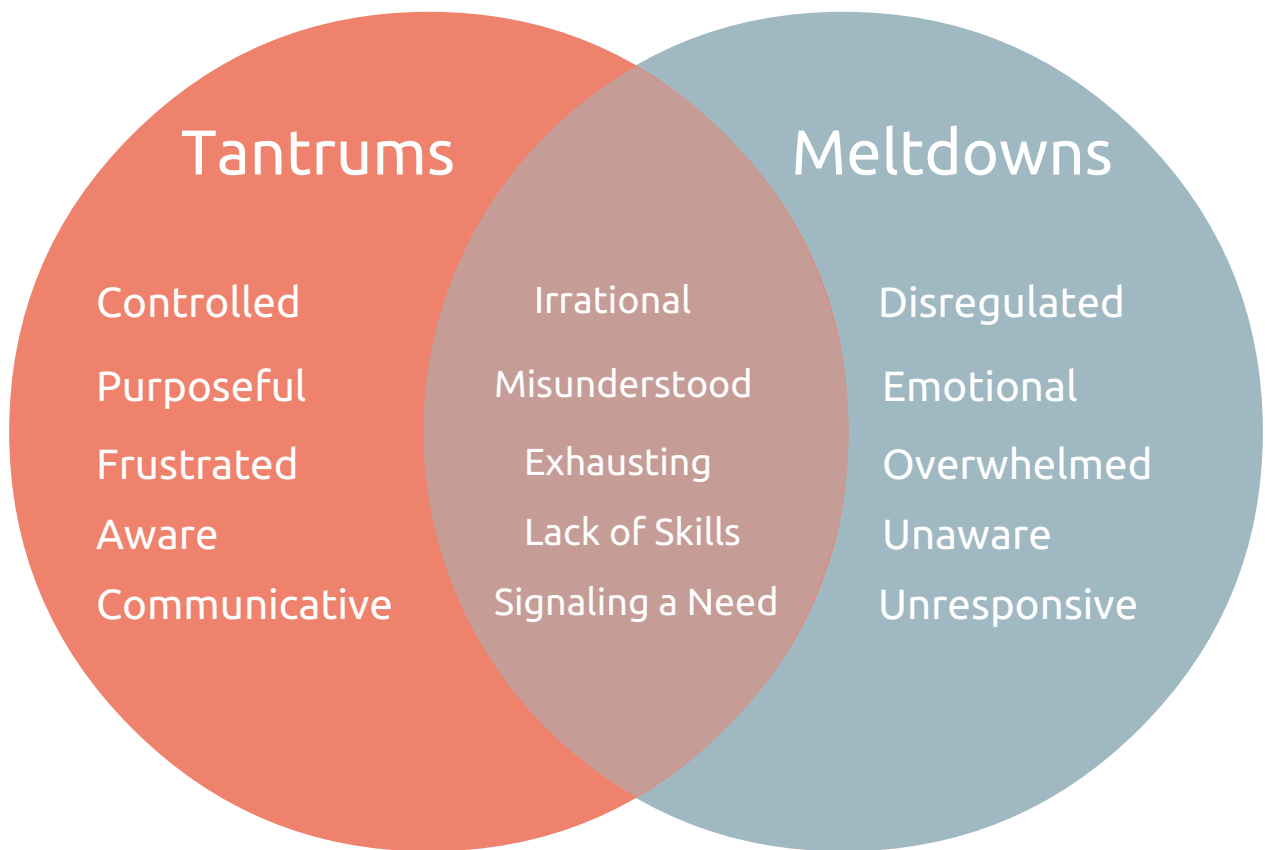


The Real Difference Between

Tantrums & Meltdowns



What They Look Like

Anger
Sadness
Agression
Frustration

Crying
Yelling
Kicking
Hiding

Manipulation
Loss of Control
Misbehavior
Disrespect

In the end...

Tantrums & Meltdowns Are Both Signals

CALMING ♥ CHAOS